

Your Rehab ROADMAP



PEAK
REHAB

Peak rehab is a comprehensive therapy program that is proven to get you back on your feet and back home as quickly and safely as possible. Our therapies are designed by a team of specialists to help you regain your independence after surgery, an accident or illness. This rehab roadmap is a visual guide that will show you where you are on your rehab and the importance of each step of your therapy.



Discharge Planning

Right from the start we are care planning to get you home as quickly and safely as possible.



Peak Rehab Starts

Starting to regain your strength, functionality and independence with physical, occupational and speech therapies. Get moving to get better!



Regaining Your Independence

Getting back your daily living skills like:

- Bathing
- Cooking
- Dressing
- Cleaning
- Ambulating



Ensuring Your Safe Discharge

You're almost home, so let's focus therapy on relearning some of your favorite activities and hobbies so you can enjoy life after rehab.



Parting is Such Sweet Sorrow

We are sad to see you leave but happy you are! Follow-up check-ins will help fine tune your skills and ensure you have made a complete recovery.

Someone is waiting for you at home

